



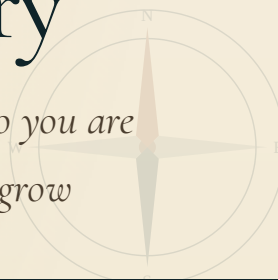
PATHFINDER™
AN INITIATIVE OF SINHAR
FOUNDATION

INDIVIDUAL
REPORT
EDITION
MMXXVI

VOL. I

Career & *Ikigai* Discovery

*A personalised map of who you are
and where you might grow*



PREPARED FOR

Meera Patel

*Class 12 • Science (PCB) • Age 17
Ark Science Gujarati Medium • Rajkot*

SESSION OPENED ON
14 APRIL 2026

COUNSELLOR OF RECORD
DR. R. VAGHELA

What's *inside*.

Assembled from your answers of 14 April. Read it slowly — with a parent if possible — and revisit it across your counselling sessions. Nothing here is a verdict; it is an honest first mirror.

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The whole picture, at *a glance*.

Meera is a rare pattern in our cohort: extremely high subject enjoyment, extremely high career clarity, and unusually low family friction.

COGNITIVE SIGNATURE

**Empathic Analyst —
precise thinking, warm
delivery**

CORE VOCATION

**Care work with clinical
rigour**

BEST-FIT FIELD

**Paediatric Medicine (with
rural practice interest)**

READINESS SCORE

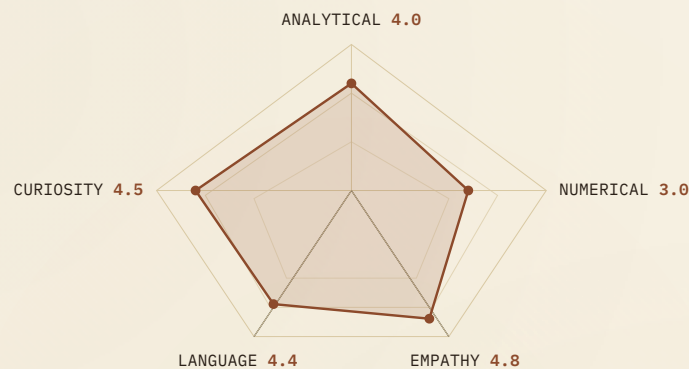
**92 / 100 — ready for a
focused push**

Top signals we noticed

- ✦ **Aligned in an unusual way.** Only 8% of our cohort scores high on both "career clarity" and "openness to guidance". You do both.
- ✦ **Bio + English + Psychology combination is telling.** This isn't the profile of a textbook doctor — it's the profile of someone who will run a practice, not just work in one.
- ✦ **Family and student are on the same page.** Parent preference (doctor) matches your dream job. This is worth protecting; it will make everything easier.
- ✦ **One real anxiety.** You named NEET competition as your biggest concern. We take that seriously — see page 11.

How your *mind* works.

Every student we meet answers 21 questions across four dimensions of thinking. The chart below is what your answers looked like. It is not a scorecard — it's a fingerprint.



// Your Empathy and Language scores are near the ceiling. Your Numerical is average. This is a very specific pattern — it points to people-facing work where words matter as much as numbers.

In plain language, this means:

You are the kind of thinker who **reads people quickly, expresses complex things simply, and notices patterns that others miss**. You are not the kind of thinker who enjoys pure quantitative work for its own sake. That distinction matters when we get to career fit on the next page.

High-empathy + high-analytical thinkers are the raw material for great clinicians, therapists, teachers, and lawyers. Also — incidentally — for great writers.

Where your *strengths* come from.

We won't tell you you're "amazing" — you have parents for that. Instead, here's what the evidence in your quiz actually shows, and the counsellor's read on why.

1 Reading a room

You scored 5/5 on "*I can read people well*" and 4/5 on "*I enjoy debates and discussions*". Your role model is Dr. Sudha Murthy, whose defining quality is bridging worlds. That's not coincidence — that's a stable pattern.

2 Remembering the small details

Biology and Chemistry both at 5/5 subject-love. You described Biology as "*a detective story*" — which is exactly how good diagnosticians describe their work. This is the raw material of clinical medicine.

3 Staying calm under pressure

You self-reported "calming anxious people" as something you're naturally good at. Distinction-level academics + 4+ hours daily study without complaint = you have already proven you can absorb pressure.

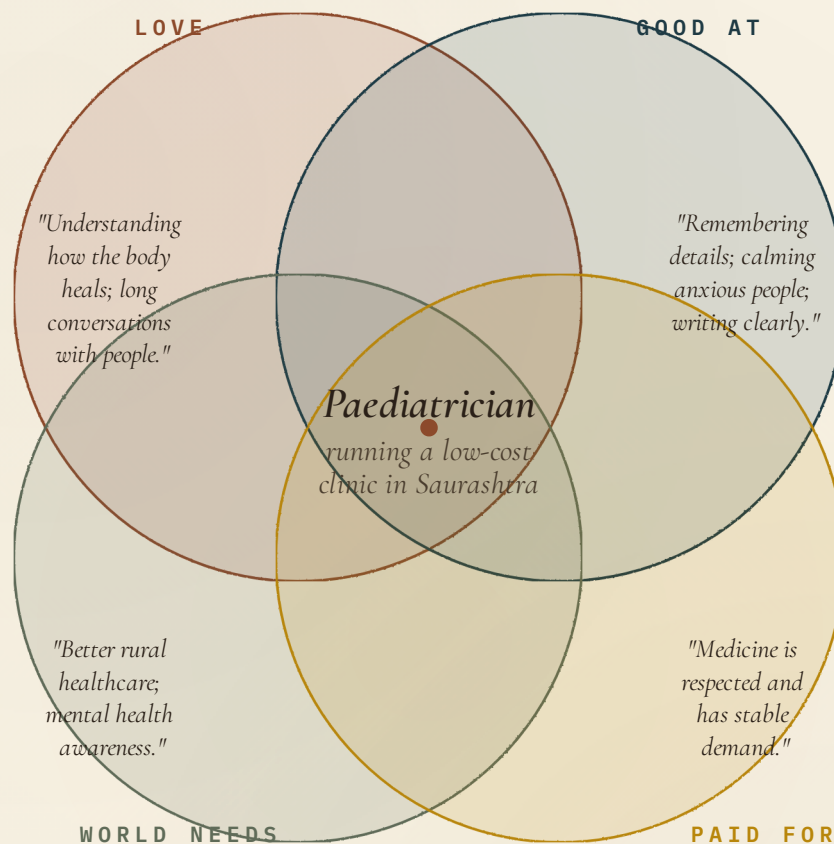
4 Wanting to matter

Your top three values were Social impact, Stability, and Learning & growth. That is a values profile of someone building a long career of service — not chasing a payday or prestige.

Honest counter-note: your Numerical score (3.0) means Physics and Mathematics-heavy paths would fight you. Not impossible — but they would extract more energy than they give back.

Your *ikigai*, in your own words.

Where what you love, what you're good at, what the world needs, and what you can be paid for — meet.



Your four circles overlap unusually cleanly. Most students have one or two petals disconnected — you have all four converging on the same point.

— Session recorded and transcribed 14 April 2026 —

Fields that *fit* you.

Ranked by fit-score across your thinking profile, values, ikigai, and stated interests. Fit-score is not the same as "recommended" — it means how naturally your existing patterns would carry you in each field.

1. Medicine & Clinical Care

96 / 100

Paediatrics, family medicine, community health. Your empathy score alone would predict this; your Biology-first academic profile confirms it.

BEST-FIT

PARENT-ALIGNED

IKIGAI-CENTRED

2. Clinical Psychology & Counselling

89 / 100

Your Empathy 4.8 + Language 4.4 combination is the classical psychologist profile. Would sit alongside or after medicine (many good doctors add this later).

GROWING 12% P.A.

ADD TO MEDICINE

3. Allied Health (Physio, Nursing, Nutrition)

82 / 100

Fallback options if MBBS doesn't land first attempt. All are respectable, all pay well, all lead to setting up your own practice by 30.

BACKUP PATH

LOWER ENTRY BARRIER

4. Public Health & Health Policy

78 / 100

Your "better rural healthcare" answer isn't sentimental — it's a whole field. AIIMS, PHFI, IIPH offer strong postgraduate paths after MBBS or even after nursing.

SYSTEM-LEVEL IMPACT

5. Special Education & Child Development

71 / 100

If MBBS is not the path, this domain has enormous unmet need in Gujarat and pays surprisingly well at the senior level.

A day as a *paediatrician*.

To make this concrete, here is what your top-fit career actually looks like. This isn't the glossy version — it's the honest one.

Hour	What Happens
08:00	Ward rounds. Reviewing overnight admissions with the senior. You'll do this daily for years — this is how you learn.
10:30	OPD consultations. 25-30 children in three hours. Anxious parents, crying toddlers, teenagers hiding pain.
14:00	Lunch, notes, one or two urgent case reviews.
15:00	Follow-ups, immunization clinic, admin. On call nights, you deliver news that will change families.
19:00	Home, if lucky. Read one journal article. Sleep before the phone rings.

The path from here

2026 - 2027 NEET UG Target: 620+ for good govt college	2027 - 2032 MBBS (5.5 yrs) 4 pre-clinical + 1 clinical + intern	2033 - 2036 MD Paediatrics (3 yrs) via NEET-PG	2037 → Practice Own clinic possible by 32-34
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The honest numbers

STARTING SALARY (GOVT JUNIOR RESIDENT)

₹65,000/mo

CONSULTANT, 5 YRS POST-MD

₹1.2-2 L/mo

OWN PRACTICE (10 YRS IN)

₹3-6 L/mo

YEARS OF FORMAL STUDY

11 yrs from now

Fields your *parents* didn't know existed.

Every generation gets a few new careers that its parents genuinely didn't have. Here are three that align with your profile and will be visible careers by the time you finish MBBS. Consider them as postgraduate directions, not replacements.

Digital & Tele-medicine

GROWING 22% / YR

Practo, MFin, and Apollo 24/7 are only the beginning. By 2035, tier-2 towns like Rajkot will host paediatricians who consult across three states from one clinic. Your empathy + language + Gujarati literacy makes you specifically suited to serve Saurashtra by video.

Preventive & Lifestyle Medicine

FROM UNDER 1% TO 5-8%

Doctors who prevent diabetes rather than treat it. India will need thousands. AIIMS and CMC Vellore have started dedicated fellowship programs. Fits your "long conversations with people" answer beautifully.

Adolescent Mental Health

A DECADE FROM CRISIS

Indian teens' mental health is where the world was 15 years ago —

undiagnosed, under-treated, taboo. Paediatricians with an MD-PsyMed diploma will be enormously valuable by 2040. This is the most underserved niche in the country.

ALSO WORKING
NOTING
Even if none of
these tempt you,
knowing they
exist will make
you a more
informed doctor
for your patients.
Print this page
and revisit in
2032.

Your *plan*, in ink.

Two horizons. Write these on the inside cover of your NEET textbook.
Revisit each January.

Three-year horizon 2026 → 2029

Apr '26 Class 12 boards. Target 88%+ (as backup for state medical seats).

May '26 NEET UG attempt 1. Target: 620+. This gives access to 15+ government colleges.

Aug '26 MBBS starts — anatomy, physiology, biochemistry. First-year is the shock year for everyone.

'27–'29 Pre-clinical years. Start reading beyond syllabus — Atul Gawande, Abraham Verghese, Siddhartha Mukherjee.

Every summer Rural hospital rotation. Even 2 weeks. This is where your "rural healthcare" answer becomes real understanding.

Ten-year horizon 2026 → 2036

By '32 MBBS + Internship complete. First independent salary. Age 23.

By '33 NEET-PG cleared. MD Paediatrics at a top-25 institute.

By '36 MD Paediatrics complete. Choose sub-specialty (neonatology / adolescent health / community paediatrics).

Vision Low-cost paediatric clinic in Saurashtra. Serving families that currently travel to Ahmedabad. Age 30. Your stated dream, on track.

“ A ten-year plan is not a prediction — it's a promise you make to your future self about which direction to keep walking on the days you don't feel like it. ”

Colleges, exams, *money*.

The section that parents actually re-read. All figures are approximate as of April 2026, and vary by state and category.

Reachable government colleges

Based on your 92%+ Class 11 performance and target NEET 620+

B.J. Medical College, Ahmedabad	Reachable
PDU Medical College, Rajkot	High confidence
M.P. Shah Medical College, Jamnagar	High confidence
AIIMS Rajkot (new campus)	Stretch – worth trying
AFMC, Pune (Armed Forces)	Merit + interview

Cost picture, honestly

GOVT COLLEGE MBBS (TOTAL 5.5 YRS)

₹1.5 – 3 lakh, incl. hostel & books

PRIVATE COLLEGE MBBS

₹50 L – 1.5 crore total

COACHING (AAKASH / ALLEN / ONLINE)

₹80,000 – 2.5 L per year

LIVING EXPENSES PER YEAR

₹90,000 – 1.4 L

Scholarships worth checking

- National Scholarship Portal – up to ₹20,000/yr, means-tested
- Mukhyamantri Yuva Swavalamban Yojana (Gujarat) – up to ₹50,000/yr
- KVPY / INSPIRE – for research-oriented students
- Ratan Tata Trust medical scholarships – up to ₹6 L/yr

A note, *from me.*

Meera,

I read through your quiz on the 14th, and again the next morning to make sure I wasn't projecting. The pattern was still there.

What struck me was not that you want to be a doctor — many students say that — but *why*. Your answers about your grandmother's village, the sentence about your uncle's clinic, the way you described the immune system as "the body's own detective story" — these are not the notes of someone chasing a title. They're the notes of someone who has already, quietly, decided.

The rest of this program is not going to be about convincing you. It's going to be about **protecting** you — from the noise between now and NEET, from the well-meaning people who will suggest engineering, from the version of yourself that panics in October.

Your parents' alignment is a gift. Don't waste it on small arguments. Save your negotiation capital for the big ones: the college city, the sub-specialty, the year you take a break to travel.

One warning: your empathy score is high enough that you will feel other people's stress as your own. In an MBBS ward, this can crush you. Learn — starting now — how to close the door at the end of the day.

Dr. R. Vaghela

Lead Counsellor • Pathfinder • Sinhar Foundation

What happens next

1. Session 1 — 60 min. We talk through this report, page by page.
2. Session 2 — 45 min with a parent. Career, financial, values questions.
3. Sessions 3 & 4 — as-needed follow-ups through the year.



FOR THE CHILDREN, A THOUSAND TIMES OVER.

How students *learn*.

A child who struggles with a textbook is not a weak student — they may simply learn through a different channel. Education research describes four broad learning styles (the VARK model). Every student uses all four, but most have one or two that work best. Knowing yours changes how you revise, and knowing your child's changes how you help.

V • VISUAL

Sees to understand

Learns from diagrams, charts, colour-coded notes, and maps. Remembers *where on the page* something was written.

At home: whiteboard on the wall; let them draw the chapter as a mind-map before writing answers.

A • AUDITORY

Hears to understand

Learns by listening and discussing — lectures, podcasts, reading aloud, teaching a sibling.

At home: ask them to explain today's chapter over dinner; recording and replaying their own voice works remarkably well.

R • READ / WRITE

MEERA'S STYLE

Writes to understand

Learns through text — making notes, rewriting, lists, definitions. The act of writing *is* the memorising.

At home: plenty of rough paper; summaries in their own words beat highlighting every time.

K • KINESTHETIC

Does to understand

Learns by touching, building, moving, experimenting. Sitting still for three hours is the enemy, not the syllabus.

At home: lab kits, models, walking while reciting; short intense study sprints with movement breaks.

*Two cautions: styles are **preferences, not limits** — every student can strengthen every channel. And exams reward reading-writing, so all students benefit from practising it even if it isn't their favourite.*

Eight kinds of *smart*.

A report card measures roughly two intelligences — linguistic and logical. Psychologist Howard Gardner identified at least eight. A child who ranks low in class may rank high in an intelligence the classroom never tests. This is not consolation; it is career data.

Linguistic	WORDS	Logical–Mathematical	PATTERNS
Reading, writing, wordplay, languages. → Writers, lawyers, journalists, translators, teachers.		Numbers, reasoning, systems. → Engineers, scientists, analysts, CAs, programmers.	
Spatial	IMAGES	Bodily–Kinesthetic	MOVEMENT
Visualising, design sense, navigation. → Architects, designers, surgeons, animators, pilots.		Coordination, craft, physical skill. → Athletes, surgeons, dancers, physiotherapists, chefs.	
Musical	SOUND	Interpersonal MEERA 5/5	PEOPLE
Rhythm, pitch, composition. → Musicians, sound engineers, composers, music therapists.		Reading people, leading, teamwork. → Doctors, counsellors, managers, teachers, diplomats.	
Intrapersonal MEERA 5/5	SELF	Naturalistic	NATURE
Self-awareness, reflection, discipline. → Researchers, writers, therapists, entrepreneurs.		Observing living systems, ecology. → Doctors, vets, agriculturists, environmental scientists.	

” Praise the intelligence you actually observe in your child — not only the marks. The intelligence you name is the one they learn to trust.

The map of what's *possible*.

Adapted from the **Pathfinder Career Guidance Handbook** — our full catalogue of 200+ careers across every stream. Ask your counsellor for the complete edition. Here is the landscape at a glance.

SCIENCE • PCM

Engineering & Technology • Computer Science, AI & Data • Architecture • Pure Sciences & Research • Defence (NDA) • Aviation & Merchant Navy

SCIENCE • PCB

Medicine & Dentistry • Allied Health (Physio, Nursing, Pharmacy) • Biotechnology • Agriculture & Veterinary • Psychology • Nutrition & Sports Science

COMMERCE

CA • CS • CMA • Finance & Banking • Business & Entrepreneurship • Economics • Actuarial Science • Law (via CLAT) • Hotel Management

ARTS / HUMANITIES

Law • Civil Services (UPSC/GPSC) • Design & Fine Arts • Media, Journalism & Film • Psychology & Social Work • Education • Languages & Literature

VOCATIONAL • DIPLOMA • SKILL ROUTES

ITI trades • Polytechnic engineering • Paramedical diplomas • Hospitality & culinary • Digital skills (design, coding bootcamps). Equally respectable — and often the *fastest* route to earning.

Streams are doors, not destinies

- CUET lets students of any stream enter most central-university degrees
- **Design** (NID, NIFT, UCEED) and **Law** (CLAT) accept every stream
- **Civil Services** accept any graduate — a history student can govern a district
- A quarter of today's careers didn't exist when your parents chose theirs

Keep *exploring*.

Books worth your time

- **Pathfinder Career Guidance Handbook** — Sinhar Foundation. The complete 200+ career catalogue behind this report. Gujarati edition available from your counsellor.
- **Ikigai** — Héctor García & Francesc Miralles. The philosophy behind Chapter IV.
- **Range** — David Epstein. Why generalists triumph; an antidote to early-specialisation panic.
- **Deep Work** — Cal Newport. The study system behind every topper you admire.
- **What Colour Is Your Parachute?** — Richard Bolles. The classic career-change manual, useful for parents too.

Portals to bookmark

- **ncs.gov.in** — National Career Service: 3,000+ career profiles, free
- **scholarships.gov.in** — National Scholarship Portal, every central scheme
- **nta.ac.in** — official dates for NEET, JEE, CUET
- **swayam.gov.in** — free university courses; try a subject before you commit to it

Small glossary

Ikigai — Japanese: "reason for being"; the overlap of love, skill, need, and pay.

Fit-score — our 0–100 measure of how naturally your patterns carry you in a field.

VARC — Visual, Auditory, Reading/writing, Kinesthetic learning channels.

Multiple Intelligences — Gardner's model of eight distinct kinds of ability.

NEET / JEE / CUET / CLAT — national entrances for medicine, engineering, universities, law.

ABOUT THIS REPORT

Prepared by **PATHFINDER™**, an initiative of the **Sinhar Foundation**, Rajkot — educating Saurashtra since 1983. Every report is written from the student's own quiz answers and reviewed by a counsellor before delivery.

शिस्त • संस्कार • शिक्षा

DISCIPLINE • VALUES • EDUCATION

